



TIPSY FOODS

COOK A LITTLE TIPSY

Grilled Sesame Tilapia

Ingredients

4 Tilapia filets.

Olive oil

[Tippy Foods Everything Bagel Seasoning](#)

Instructions

1. Heat grill to 350°.
2. Pat the filets dry with paper towel.
3. Lightly brush with olive oil.
4. Sprinkle each side Tippy Foods Everything Bagel Seasoning.
5. Place on grill and cook for 6 minutes then flip over for 6 more minutes.
6. Tilapia is done when they are flaky.
7. Serve.

